

Everything I Bought and How It Made Me Feel

Quarterly Report (Jul - Sep)

Everything I Bought and How It Made Me Feel is

a crapshoot

a sloppy parody of open data

an adventure into inconsistency

a microphone held up to late capitalist neurosis

a miserable chore

a creaking machine

a broken record

a learning curve

a drawn out defiance of self and supermarket

a series of appalling accidents

a laugh a minute

a show and tell

This Quarter's Average Purchase

made me feel

+1.63

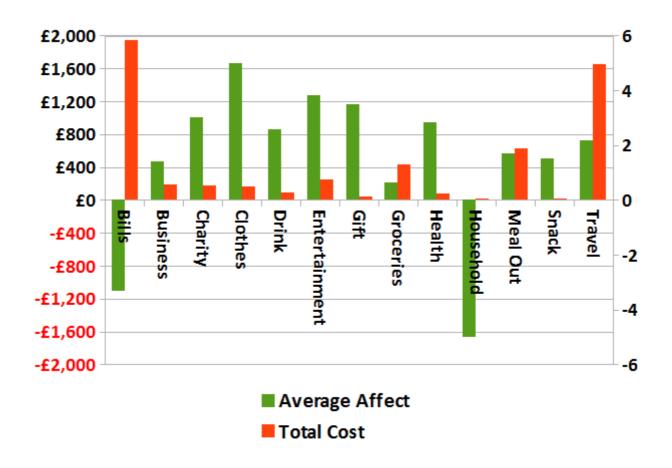
(about as fair as the first quarter)

and the average pound bought me

+0.21

(just on the fair side of nothing again)

13 Categories by Total Cost and Average Affect

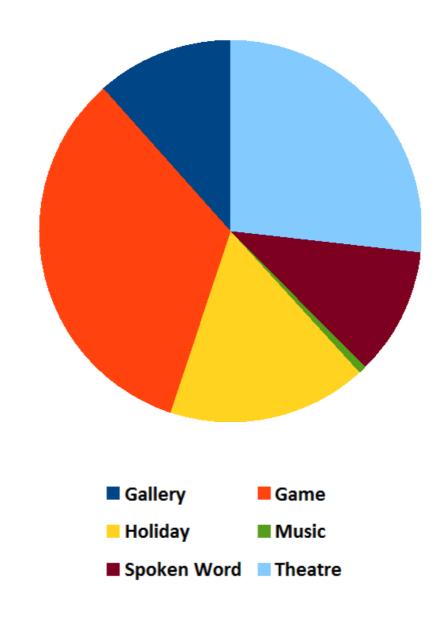


(this graph indicates that the amount i spend on something in total has no correlatable effect on how i tend to feel about that category of thing / and thus that type of purchase is much more important in influencing mood than cost / see quarter one plot of affect against cost for further evidence that I should worry less about how much things cost / as if any more evidence were needed)

Want vs Need

- yes but do i really need it?
- o reason not the need! our basest beggars are in the poorest thing superfluous allow not nature more than nature needs man's life's as cheap as beast's
- yes but mum
- yes?
- lear was literally talking about buying a bigger army
- well still

£253.93 of Entertainment Spending by Sub-Category



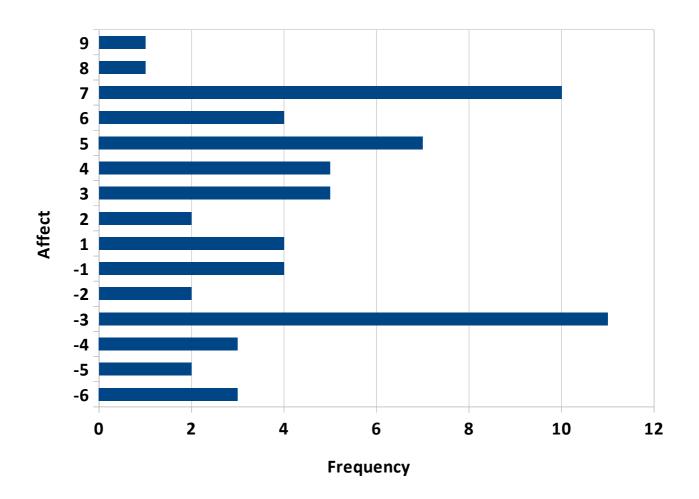
(please note / for three months i bought no books for myself / actually that's a lie / i bought two / both while I was buying presents for other people / because that's the only way they sneak in / the only way i let them crowd my overflowing shelves)

How I Determine the Affect and Need Ratings

i write as quickly as possible / with the minimum of editing / only a glance behind me to check for anything terribly wrong / and I rate my affects and needs the same way / with just an instinctive guess at how to assign numbers this time / because what I am investigating is not so much an objective reality / but how i think and feel about how I think and feel

i am conscious of how much i am influenced by previous ratings / when i noticed i never used a 5 I started using more 5s / sometimes i copypaste and directly compare to the previous purchase / but i let this happen / in the belief that it aesthetically mirrors how reality works / what it does to the data is another question

65 Meals Out by Frequency of Affect



(it's completely fucking random / there is no trend here / nothing i can hold on to / to act on / to try and make things better)

Conjunctions and Most Prepositions Removed

somewhere consumption needed comfort instead enough eating nothing start exchange made getting worse water decisions wanted experience back shame drink keep almost sometimes moment work give between believe each feeling maybe buying what's going desire find something pleasure beer never class say always know could both has let must walk must walk say always know easier one purchase myself get feels new while long all food being world itself little buy time like panic fear shop me even same bad cheap guilt wrong right are am be was than felt said had see now you SO feel here go part look able well hard pay think just my want might doing need out have don't we way barely feelings again good more sense any quite end eat would can't about try any quite barely feelings again some much because worth really things without only trying less ok over seems though money also easy bus before tired better should paying makes didn't down own meal perhaps looking once ways rather different else other impossible spending around thought supposed everything doesn't having often anything change capital



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